

School Council Meeting

Thursday 9th May 2019

10am in HT's office with Mrs Hudson

1) Mental Health & Emotional Wellbeing

The reps shared the feedback from their classes with regards to their knowledge and understanding of how to lead a healthy lifestyle. There were lots of good examples, ranging from healthy activities, learning about the brain and ways to manage emotions, healthy eating, sleeping and techniques to relax.

The reps added that they could visibly see more children being more active and people (including at home) were automatically choosing to have a healthier lifestyle. They also wanted to say how they loved the playground and the school dinners!

2) Focus on manners

Mrs Hudson reminded the reps of the recent assemblies which have focused on having good manners and being respectful to others. The reps understood that this was a good life skill to have as it helps you to achieve more, both socially and academically. Certificates during Friday's Celebration Assembly are being given out to those children who consistently use show good manners and respect to others. The reps gave examples of these: saying "please" and "thank you"; holding doors open for people / allowing others to walk through before yourself; showing good listening at the right times; using kind language to others.

The reps' mission is to spot and listen out for those children who use good manners, and to let the nearest adult know about it. Those children named the most for a sustained period of time will receive a certificate during Friday Assembly.