Pearl Class - EYFS						
Term 1	Term 2	Term 3	Term 4	Term 5	Term 6	
Marvellous me! BFING MF IN	Let's Celebrate CELEBRATING	Off we go!	The Bear Necessities HEALTHY ME	Glorious Growing RELATIONSHIPS	Ahoy, there!	
BEING ME IN MY WORLD • Know special things about themselves • Know that some people are different from themselves • Know how happiness and sadness can be expressed • Know that hands can be used kindly and unkindly • Know that being kind is good • Know they have a right to learn and play, safely and happily Linked stories	CELEBRATING DIFFERENCE • Know what being proud means and that people can be proud of different things • Know that people can be good at different things • Know what being unique means • Know that families can be different • Know that people have different homes and why they are important to them • Know different ways of making friends • Know different ways to stand up for myself	DREAMS AND GOALS • Know what a challenge is • Know that it is important to keep trying • Know what a goal is • Know how to set goals and work towards them • Know which words are kind • Know some jobs that they might like to do when they are older • Know that they must work hard now in order to be able to achieve the job they want when they are	HEALTHY ME • Know the names for some parts of their body • Know what the word 'healthy' means • Know some things that they need to do to keep healthy • Know that they need to exercise to keep healthy • Know how to help	RELATIONSHIPS • Know what a family is • Know that different people in a family have different responsibilities (jobs) • Know some of the characteristics of healthy and safe friendship • Know that friends sometimes fall out • Know some ways to mend a friendship • Know that unkind words can never be taken back and they can hurt • Know how to use Jigsaw's Calm Me to help when feeling angry	CHANGING ME • Know the names and functions of some parts of the body (see vocabulary list) • Know that we grow from baby to adult • Know who to talk to if they are feeling worried • Know that sharing how they feel can help solve a worry • Know that remembering happy times can help us move on Linked stories I wonder why kangaroos have pouches	
Dogger Hands are not for hitting	Know the names of some emotions such as happy, sad, frightened,	older • Know when they have achieved a goal	Know how to say No to strangers	Know some reasons why others get angry	Huge Bag of Worries Look inside your body	
	angry • Know that they don't have to be 'the same as' to be a friend • Know why having friends is important	Linked stories Love Monster Don't Worry Hugless Douglas	Linked stories Never Talk To Strangers Not Everyone is Nice	Linked stories Mable and Me George and Martha		

	Know some qualities of a positive friendship Linked stories Elmer Barry the Fish with Fingers The Family Book The Dog and the Dolphin						
	Ruby Class – Key Stage 1						
Term 1	Term 2	Term 3	Term 4	Term 5	Term 6		
Cycle A: Explorers	Cycle A: Our World	Cycle A: Dinosaurs	Cycle A: Giants	Cycle A: Growing	Cycle A: Seaside		
Cycle B: Down Under	Cycle B: Fire	Cycle B: Winter	Cycle B: Space	Cycle B: Green	Cycle B: It's a Bug's		
BEING ME IN	CELEBRATING	Wonderland	HEALTHY ME	RELATIONSHIPS	Life		
MY WORLD	DIFFERENCE	DREAMS AND	Year 1	Year 1	CHANGING ME		
Year 1	Year 1	GOALS	 Know the difference 	 Know that everyone's 	Year 1		
 Understand the 	 Know that people 	Year 1	between being healthy	family is different	 Know that animals 		
rights and	have differences and	 Know how to set 	and unhealthy	 Know that there are 	including humans have		
responsibilities of a	similarities	simple goals	 Know some ways to 	lots of different types of	a life cycle		
member of a class	 Know what bullying 	 Know how to 	keep healthy	families	 Know that changes 		
 Understand that their 	means	achieve a goal	 Know how to make 	 Know that families are 	happen when we grow		
views are important	Know who to tell if	 Know how to work 	healthy lifestyle choices	founded on belonging,	up		
 Understand that their 	they or someone else is	well with a partner	 Know how to keep 	love and care	 Know that people 		
choices have	being bullied or is	Know that tackling a	themselves clean and	Know how to make a	grow up at different		
consequences	feeling unhappy	challenge can stretch	healthy	friend	rates and that is normal		
Understand their	Know skills to make	their learning	Know that germs	Know the	Know the names of		
own rights and	friendships	 Know how to identify 	cause disease / illness	characteristics of	male and female		
responsibilities with	Know that people are	obstacles which make	Know that all	healthy and safe	private body parts		
their classroom	unique and that it is OK	achieving their goals	household products,	friends	Know that there are		
	to be different	difficult and work out	including medicines,	Know that physical	correct names for		
Year 2	Year 2	how to overcome	can be harmful if not	contact can be used as	private body parts and		
		them	used properly	a greeting			

Identifying hopes and fears for the year ahead • Understand the rights and responsibilities of class members • Know that it is important to listen to other people • Understand that their	 Know there are stereotypes about boys and girls Know that it is OK not to conform to gender stereotypes Know it is good to be yourself Know that sometimes people get bullied because of difference 	Know when a goal has been achieved Year 2 Know how to choose a realistic goal and think about how to achieve it Know that it is important to persevere Know how to	 Know that medicines can help them if they feel poorly Know how to keep safe when crossing the road Know about people who can keep them safe Year 2 Know what their body 	Know about the different people in the school community and how they help Know who to ask for help in the school community Year 2 Know that everyone's family is different Know that families	nicknames, and when to use them • Know which parts of the body are private and that they belong to that person and that nobody has the right to hurt these • Know who to ask for help if they are worried or frightened
own views are valuable • Know about rewards and consequences and that these stem from choices • Know that positive choices impact positively on self-learning and the learning of others	Know the difference between right and wrong and the role that choice has to play in this Know that friends can be different and still be friends Know where to get help if being bullied Know the difference between a one-off incident and bullying	recognise what working together well looks like • Know what good group working looks like • Know how to share success with other people	needs to stay healthy Know what relaxed means Know what makes them feel relaxed / stressed Know how medicines work in their bodies Know that it is important to use medicines safely Know how to make some healthy snacks Know why healthy snacks are good for their bodies Know which foods given their bodies energy	function well when there is trust, respect, care, love and co- operation • Know that there are lots of forms of physical contact within a family • Know how to say stop if someone is hurting them • Know some reasons why friends have conflicts • Know that friendships have ups and downs and sometimes change with time • Know how to use the Mending Friendships or Solve-it-together problem-solving methods • Know there are good secrets and worry	Now that learning brings about change Year 2 Know that life cycles exist in nature Know that aging is a natural process including old-age Know that some changes are out of an individual's control Know how their bodies have changed from when they were a baby and that they will continue to change as they age Know the physical differences between male and female bodies Know the correct names for private body parts

				secrets and why it is important to share worry secrets • Know what trust is	Know that private body parts are special and that no one has the right to hurt these Know who to ask for help if they are worried or frightened Know there are different types of touch and that some are acceptable and some are unacceptable		
	Sapphire Class – Lower Key Stage 2						
Term 1	Term 2	Term 3	Term 4	Term 5	Term 6		
Cycle A: The Sound	Cycle A: Meet the	Cycle A: Romans -	Cycle A: Romans – The	Cycle A: Tales from	Cycle A: Much Ado		
Collector	Flintstones	Escape from Pompeii	Empire Strikes Back	Europe	About Nothing		
Cycle B: Around the	Cycle B: Wonderful	Cycle B: Ancient	Cycle B: Ancient	Cycle B: The Paradise	Cycle B: It's Not Easy		
World	Warriors	Greece - Legends	Greece - Legacy	Garden	Being Green		
BEING ME IN	CELEBRATING	DREAMS AND	HEALTHY ME	RELATIONSHIPS	CHANGING ME		
MY WORLD	DIFFERENCE	GOALS	Year 3	Year 3	Year 3		
Year 3	Year 3	Year 3	 Know how exercise 	 Know that different 	Know that in animals		
 Understand that they 	Know why families are	 Know about specific 	affects their bodies	family members carry	and humans lots of		
are important	important	people who have	 Know why their hearts 	out different roles or	changes happen		
Know what a	Know that	overcome difficult	and lungs are such	have different	between conception		
personal goal is	everybody's family is	challenges to achieve	important organs	responsibilities	and growing up		
 Understanding what 	different	success	 Know that the amount 	within the family	Know that in nature it		
a challenge is	 Know that sometimes 	 Know what dreams 	of calories, fat and	 Know that gender 	is usually the female		
 Know why rules are 	family members don't	and ambitions are	sugar that they put into	stereotypes can be	that carries the baby		
needed and how	get along and some	important to them	their bodies will affect	unfair e.g. Mum is	 Know that in humans 		
these relate to	reasons for this	 Know how they can 	their health	always the carer, Dad	a mother carries the		
choices and	Know that conflict is a	best overcome	 Know that there are 	always goes to work	baby in her uterus		
consequences	normal part of	learning challenges	different types of drugs	etc	(womb) and this is		
	relationships				where it develops		

- Know that actions can affect others' feelings
- Know that others may hold different views
- Know that the school has a shared set of values

Year 4

- Know how individual attitudes and actions make a difference to a class
- Know about the different roles in the school community
- Know their place in the school community
- Know what democracy is (applied to pupil voice in school)
- Know that their own actions affect themselves and others
- Know how groups work together to reach a consensus
- Know that having a voice and democracy benefits the school community

- Know what it means to be a witness to bullying and that a witness can make the situation worse or better by what they do
- Know that some words are used in hurtful ways and that this can have consequences Year 4
- Know that sometimes people make assumptions about a person because of the way they look or act
- Know there are influences that can affect how we judge a person or situation
- Know that some forms of bullying are harder to identify e.g. tactical ignoring, cyber-bullying
- Know what to do if they think bullying is, or might be taking place
- Know the reasons why witnesses sometimes join in with bullying and don't tell anyone

- Know that they are responsible for their own learning
- Know what their own strengths are as a learner
- Know what an obstacle is and how they can hinder achievement
- Know how to take steps to overcome obstacles
- Know how to evaluate their own learning progress and identify how it can be better next time Year 4
- Know what their own hopes and dreams are
- Know that hopes and dreams don't always come true
- Know that reflecting on positive and happy experiences can help them to counteract disappointment
- Know how to make a new plan and set new goals even if they have been disappointed

- Know that there are things, places and people that can be dangerous
- Know a range of strategies to keep themselves safe
- Know when something feels safe or unsafe
- Know that their bodies are complex and need taking care of Year 4
- Know how different friendship groups are formed and how they fit into them
- Know which friends they value most
- Know that there are leaders and followers in groups
- Know that they can take on different roles according to the situation
- Know the facts about smoking and its effects on health
- Know some of the reasons some people start to smoke
- Know the facts about alcohol and its effects

- Know some of the skills of friendship, e.g. taking turns, being a good listener
- Know some strategies for keeping themselves safe online
- Know how some of the actions and work of people around the world help and influence my life
- Know that they and all children have rights (UNCRC)
- Know the lives of children around the world can be different from their own Year 4
- Know some reasons why people feel jealousy
- Know that jealousy can be damaging to relationships
- Know that loss is a normal part of relationships
- Know that negative feelings are a normal part of loss
- Know that memories can support us when

- Know that babies need love and care from their parents/carers
- Know some of the changes that happen between being a baby and a child
- Know that the male and female body needs to change at puberty so their bodies can make babies when they are adults
- Know some of the outside body changes that happen during puberty
- Know some of the changes on the inside that happen during puberty

Year 4

- Know that personal characteristics are inherited from birth parents and this is brought about by an ovum joining with a sperm
- Know that babies are made by a sperm joining with an ovum
- Know the names of the different internal

	Know that first impressions can change	Know how to work out the steps they need to take to achieve a goal Know how to work as part of a successful group Know how to share in the success of a group	on health, particularly the liver • Know some of the reasons some people drink alcohol • Know ways to resist when people are putting pressure on them • Know what they think is right and wrong	we lose a special person or animal • Know that change is a natural part of relationships/ friendship • Know that sometimes it is better for a friendship/ relationship to end if it is causing negative feelings or is unsafe	and external body parts that are needed to make a baby • Know how the female and male body change at puberty • Know that personal hygiene is important during puberty and as an adult • Know that change is a normal part of life and that some cannot be controlled and have to be accepted • Know that change can bring about a range of different emotions		
	Emerald Class – Upper Key Stage 2						
Term 1	Term 2	Term 3	Term 4	Term 5	Term 6		
Cycle A: Out of this	Cycle A: The Great	Cycle A: The Home	Cycle A: Journey to	Cycle A: Sussex	Cycle A: Pirates and		
World	War (WW1)	Front (WW2)	Mecca	Landscape	Smugglers		
Cycle B: The	Cycle B: Victorians	Cycle B: Secret	Cycle B: Ancient Egypt	Cycle B: Journey to the	Cycle B: Freedom –		
Americas	CELEBRATING	Agents	HEALTHY ME	River Sea	The Slave Trade		
BEING ME IN	DIFFERENCE Voor 5	DREAMS AND GOALS	Year 5 • Know the health risks	RELATIONSHIPS	CHANGING ME		
MY WORLD Year 5	Year 5 • Know what culture	Year 5	of smoking	Year 5 • Know that a	Year 5 • Know what perception		
• Know how to face	means	• Know that they will	Know how smoking	personality is made up	means and that		
new challenges	Know that differences	need money to help	tobacco affects the	of many different	perceptions can be		
positively	in culture can	them to achieve some	lungs, liver and heart	characteristics,	right or wrong		
Understand how to	sometimes be a source	of their dreams	Know some of the	qualities and attributes	Know how girls' and		
set personal goals	of conflict	Know about a range of jobs that are carried	risks linked to misusing	Know that belonging to an online community	boys' bodies change		

- Understand the rights and responsibilities associated with being a citizen in the wider community and their country
- Know how an individual's behaviour can affect a group and the consequences of this
- Understand how democracy and having a voice benefits the school community
- Understand how to contribute towards the democratic process
 Year 6
- Know how to set goals for the year ahead
- Understand what fears and worries are
- Know about children's universal rights (United Nations Convention on the Rights of the Child)
- Know about the lives of children in other parts of the world

- Know what racism is and why it is unacceptable
- Know that rumour spreading is a form of bullying on and offline
- Know external forms of support in regard to bullying e.g. Childline
- Know that bullying can be direct and indirect
- Know how their life is different from the lives of children in the developing world Year 6
- Know that there are different perceptions of 'being normal' and where these might come
- Know that being different could affect someone's life

from

- Know that power can play a part in a bullying or conflict situation
- Know that people can hold power over others individually or in a group
- Know why some people choose to bully

- out by people I knowKnow that differentiohs pay more money
- jobs pay more money than others
 Know the types of
- Know the types of job they might like to do when they are older
- Know that young people from different cultures may have different dreams and goals
- Know that communicating with someone from a different culture means that they can learn from them and vice versa
- Know ways that they can support young people in their own culture and abroad Year 6
- Know their own learning strengths
- Know how to set realistic and challenging goals
- Know what the learning steps are they need to take to achieve their goal

- alcohol, including antisocial behaviour
- Know basic emergency procedures including the recovery position
- Know how to get help in emergency situations
- Know that the media, social media and celebrity culture promotes certain body types
- Know the different roles food can play in people's lives and know that people can develop eating problems / disorders related to body image pressure
- Know what makes a healthy lifestyle Year 6
- Know how to take responsibility for their own health
- Know how to make choices that benefit their own health and well-being
- Know about different types of drugs and their uses

- can have positive and negative consequences
- Know that there are rights and responsibilities in an online community or social network
- Know that there are rights and responsibilities when playing a game online
- Know that too much screen time isn't healthy
- Know how to stay safe when using technology to communicate with friends

Year 6

- Know that it is important to take care of their own mental health
- Know ways that they can take care of their own mental health
- Know the stages of grief and that there are different types of loss that cause people to grieve
- Know that sometimes people can try to gain

- during puberty and understand the importance of looking after themselves physically and emotionally
- Know that sexual intercourse can lead to conception
- Know that some people need help to conceive and might use IVF
- Know that becoming a teenager involves various change Year 6
- Know how girls' and boys' bodies change during puberty and understand the importance of looking after themselves physically and emotionally
- Know how a baby develops from conception through the nine months of pregnancy and how it is born
- Know how being physically attracted to someone changes the nature of the

Now that personal choices can affect others locally and globally Understand that their own choices result in different consequences and rewards Understand how democracy and having a voice benefits the school community Understand how to contribute towards the democratic process	Know that people with disabilities can lead amazing lives Know that difference can be a source of celebration as well as conflict	Now a variety of problems that the world is facing Know how to work with other people to make the world a better place Know some ways in which they could work with others to make the world a better place Know what their classmates like and admire about them	Know how these different types of drugs can affect people's bodies, especially their liver and heart Know that some people can be exploited and made to do things that are against the law Know why some people join gangs and the risk that this can involve Know what it means to be emotionally well Know that stress can be triggered by a range of things Know that being stressed can cause drug and alcohol misuse	 power or control them Know some of the dangers of being 'online' Know how to use technology safely and positively to communicate with their friends and family 	relationship • Know the importance of self-esteem and what they can do to develop it • Know what they are looking forward to and what they are worried about when thinking about transition to secondary school / moving to their next class
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